



York Region Skating Academy

Winter Term 2009 – 2010 Ice Schedule

Ed Sackfield Arena

October 4 – March 14, 2010

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
7:00–9:00 Open Ice	7:00-8:30 Open Ice	7:00–9:00 Open Ice	7:00–8:30 Open Ice	7:00–9:00 Open Ice	7:00 Intro to Competitive Dance
2:30-4:00 Sr/Elite Open Ice				2:00-4:00 Snr/Elite Open Ice	9:00 Session Ends
4:00 Flood	1:00-2:00 Open/Pair Ice	2:00-4:00 Snr./Elite Open Ice	1:00 – 2:00 Open/Pair Ice	4:00 Flood	12:15 – 1:00 Learn to Skate
4:15 Intermediate Skating Skills/Dance	2:00 – 3:00 Elite Freeskate	4:00 Flood	2:00 – 3:00 Elite Freeskate	4:15 Intermediate Skating Skills/Dance	1:15 – 2:00 Learn to Skate
4:30 Intermediate Freeskate	3:00-4:00 Senior Open Ice	4:15 Intermediate Freeskate	2:30-4:00 Senior Open	4:30 Intermediate Freeskate	2:00 Session Ends
5:15 Senior B Freeskate	4:00 Flood	5:00 Flood	4:00 Flood	5:00 Senior B Freeskate	Sunday
6:00 Flood	4:15 Jr. YRSA Intro Competitive	5:15 Simulation	4:15 Junior YRSA Intro Competitive	5:45 Flood	8:15 Intermediate Freeskate
6:15 Elite Freeskate	5:00 Senior B Freeskate	5:45 Senior B Freeskate	5:00 – 5:45 Senior B Freeskate	6:00 Elite Freeskate	9:00 Intermediate Artistic Figures
7:00 Senior A/Elite Spin Patch	5:45 Sr. B Artistic Figures	6:45 Flood	5:45 Senior B Artistic Figures	6:45 Senior A Freeskate	9:15 Flood
7:15 Senior A Freeskate	6:15 Flood	7:00 Elite Freeskate	6:00 Flood	7:30 Session Ends	9:30 Senior B Freeskate
8:00 Session Ends	6:30 Learn to Skate	7:45 Senior A Freeskate	6:15 – 7:00 Learn to Skate		10:15 Senior B Spin Patch
	7:15 Flood	8:30 Session Ends	7:00 Flood		10:30 Senior A/Elite Freeskate
	7:30 Senior A/Elite Freeskate		7:15 Senior A/Elite Freeskate		11:15 Senior A/Elite Spin Patch
	8:15 Sr. A/Elite Artistic Figures		8:00 Session Ends		11:30 Sr.A/Elite Artistic Figures
	8:45 Session Ends				11:45 Flood
					12:00 Intro Competitive Dance
					12:45 Learn to Skate
					1:30 Session Ends

Off- Ice

Monday

4:15-5:00 Senior B
5:15-6:00 Elite
6:00-6:45 Senior A

Tuesday

6:30-7:30 Intermediate
5:15 – 5:45 Jr. Academy

Wednesday

4:15-5:15 Senior B
5:15-6:00 Intermediate
6:00-6:45 Elite
6:45-7:30 Senior A

Thursday

5:15 – 5:45 Jr. Academy

Sunday

9:45-10:30 Intermediate
10:45-11:45 Senior B
12:00-1:00 Senior A / Elite

See the bulletin board for detailed Off Ice Schedule.
Athletes must wear appropriate footwear and clothing to classes.
Athletes will not be allowed in the class without proper attire.
You must attend Off Ice classes to attend On Ice sessions.
NO exceptions!
Athletes caught exhibiting poor behavior/attitude during the class will be asked to leave the class and report to the directors.

Important Dates

Test Days:

High/Int./Low
Wednesday December 2, 2009
Wednesday February 24, 2010

YRSA Winter Show: December 13, 2009

Richmond Hill Hockey Tournament:

February 5, 6, 7, 2010 – **NO ICE**

Winter Glitters:

January 30-31, 2010 Hosted by: **YRSA**

Ice Cancelled for Simulation, Test Days and Seminars