

YRSA-2009/2010 Board of Directors

Kenny Shim.....	President
Al Leela.....	Past President
Don Seto & Nick DiSanto.....	Vice President
Lorna Bocknek.....	Treasurer
John Russo.....	Test Chair
Lisa Thain	Secretary
Nancy McKerroll & Syd Deonarain.....	School Liaison
Don Seto.....	Local Marketing
Nich DiSanto, Igor Popova, Catherine Moon-Chong.....	Parents Liaison
Allan Au, Syd Denarain	Community Liaison
Catherine Moon-Chong, Don Seto	Accents

YRSA Coaching Staff

Katerina Papafotiou #CC450760.....	(905) 771-9054
Tracey Wainman #CC701883.....	(905) 771-9054
Angela Derochie #CC384468.....	(905) 806-0963
Gregor Filipowski #CC701891.....	(905) 780-9748
Myke Gillman #CC343380.....	(905) 668-9387
Eva Najarro #CC 571347	(905) 417-5626
Jennifer Pigeon #CC590086.....	(905) 830-0420
Billy Binkowski	(519) 853-9860
Scott Cornfoot	(416) 835-2736
Kevin Gallagher	(416) 817-4727
Tiffany Gibb	(416) 884-4636
Galina Lachter	(905)-313-0464
Jackie Milman #CC883901.....	(416) 358-0570
David Watson #CC244209	(416) 974-7991

Dance:

Kenneth Ormsby #CC096112.....	(905) 830-1127
Donna Iijima #CC185757.....	(416) 281-3695
Mark Pigeon #CC 450762	(905) 830-0420

Learn-To-Skate Staff

Katerina Papafotiou	Director
Jennifer Pigeon	Assistant Director

Nancy Sanguinetti
Wendy Cronkwright
Raisa Baila
Mark Pigeon
Sue Strathearn

Susan Staeuble
Carl Conte
Rachel Ricer
Stella Krashnostein
Rose Scata

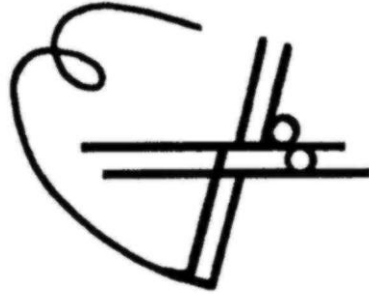
Natalia Antonacci

YORK REGION SKATING ACADEMY

Sanctioned by Skate Canada

Ed Sackfield Arena- Olympic Size Ice Surface

*"Where Technique
and Artistry
Become one"*



FALL/WINTER/SPRING PROGRAM

Figure Skating at its *best*, by the *best*, for the *best!*

August 31st , 2009 – May 14th , 2010

Registration Date: Aug. 11th , 12th , 13th , 17, 18th , 19th , 2009

Elvis Stoyko Arena, 4:00pm – 7:00pm

Mailing Address:

YRSA Winter Club
P.O. Box 32518, 9665 Bayview Avenue
Richmond Hill, Ontario L4C 0A2
Tel: (905) 771-9123
Fax: (905) 771-6915
E-mail: yrsawc@bellnet.ca
Website: www.yrsawc.com

Arena

Ed Sackfield Arena
311 Valleymede Drive
Richmond Hill, ON
(905) 771-8570

Directors: Ms. Tracey Wainman & Katerina Papafotiou
Consultant: Ms. Joanne McLeod

YRSA SINGLES PROGRAMS

All skaters involved with the school program are encouraged to maintain high academic standards. The Off-Ice program is composed of performing arts, ballet alignment, fitness and sports science. The On-Ice program offers training time, group classes emphasizing strength and endurance development, theatre-on-ice, stroking, artistic figures, and competition/test simulations. The skaters are encouraged to develop confidence to perform in front of others, punctuality and hard work practice habits.

Elite: The Elite Competitor must consistently land two Triple jump and be a National competitor and/or must consistently land 3 Triple jumps **and** is recommended for this level by the skating Directors.

Senior A: The Senior A skater must land a double axel and/or be a National Competitor.

Senior B: This program is geared towards skaters involved with **competitive skating**. Skaters should be landing 3-5 double jumps.

Intermediate: This program is geared towards skaters **pursuing competitive skating**. Intermediate skaters are under 11 years of age and have accomplished a loop jump and are working towards the double jumps.

Junior Academy: YRSA Junior Academy skaters are recommended to be under the age of 8 years and must be approved by both skating Directors to enter the program. Skaters are introduced to developmental stages of competitive skating, including edges, jumps, spins, footwork and musical interpretation. The On-Ice and Off-Ice session is taught by our competitive team of coaches with constant supervision. Private lessons and the assignment of a private coach will be at the discretion of the Skating Directors.

- The advancement to the next level in the YRSA Winter Club may be done solely with approval of the Skating Directors.

Off-Ice Program: This is a unique program that compliments all aspects of elite training. The classes are mandatory and may involve:

Ballet. Modern and Jazz	Karate	Music
Costumes and Grooming	Drama	Judging
Psychology	Character	Physiology
Mime	Hip Hop	Aerobics
Planning and Periodization	Biomechanics	Nutrition

Events & Competitions

Events	Date	Place
Figure 8 Autumn Skate	Sept. 17-19, 2009	Ottawa, Ont.
Isabelle Henderson Inv	Sept. 25-27, 2009	Hamilton, Ont
Octoberfest	Oct. 15-18, 2009	Barrie, Ont.
2009 Sectionals	Nov. 5-8, 2009	Oakville, Ont.
2009 Eastern Challenge	Dec. 2-6, 2009	Mississauga, Ont.
Lindsay Skate	Dec. TBA	Lindsay, Ont.
2010 Senior Canadians	Jan. 14-17, 2010	London, Ont.
Winter Glitters	Jan. 30-31, 2010	Richmond Hill, Ont.
Boston Pizza Star Skate Championship	Feb. 19-21, 2010	Brampton, Ont.
2010 Ontario Winter Games	Mar. 4-7, 2010	Huntsville, Ont.
March Mania	March 5-7, 2010	Innisfil, Ont.
Trillium Star Skate	March 14-15, 2010	TBA
Thornhill Fun Skate Competition	April 9-11, 2010	Thornhill, Ont.
Scarboro Skate	April TBA	Scarborough, Ont.

Seminars

Watch the bulletin board for information.

Personal Training

Personal Training provided by Sports Specific Training with Larry Judanis. Please request through the Co-Directors. Fitness tests for the Senior / Elite Skaters will be conducted periodically.

Ed Sackfield Fitness Centre

Skaters may obtain a membership through the Fitness Centre. Year round Y.R.S.A. skaters may obtain a membership through the Y.R.S.A. Winter Club.

Registration-Fall/Winter/Spring 2009 - 2010

Skaters Name: _____ M/F _____

Parents Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: (____) _____ E-mail: _____

Birth Date: _____ Skate Canada# _____

Home Club: _____

New Member? _____ Prior Home Club: _____

Junior Intermediate Senior B Senior A Elite

Coach's Name: _____

Doctor's Name: _____

Doctor's Phone: (____) _____ Health Card# _____

Highest Test Passed

Figures/Skills: _____ Free: _____

Dance: _____ Competitive: _____

Please note:

1. Non-YRSA members must submit a letter of permission from their Home Club for tests and ice shows etc. All new-members must be evaluated by the Coordinator or designate in order to be placed in the correct session.
2. It is recommended that all skating families have a CFSA Rule Book
3. All members/skaters *must* adhere to YRSA rules of conduct and the Skater or Parent/Guardian *must* sign that they have read and understand the Policies and Procedures on the back of this form.

YRSA – Policies & Procedures

- 1. Membership:** To become a member of the YRSA Winter Club Competitive Program, the skater must have a coach who is a member of our staff. All skaters who wish to represent the YRSA Winter Club must be a registered full-time member of the club.
 - 2. Pre-registration Policy:** Full-time YRSA Winter Club members will be allowed to pre-register for the upcoming session, when the information is available. All part-time and associate members will be placed on a 'waiting list' and will be given priority on a first-come basis'. They will be assigned skating times according to enrollment spaces as available for each day, by the YRSA Winter Club Membership Committee.
 - 3. For safety reasons,** the number of skaters on each session is limited. Preference will be given to (1) Richmond Hill residents, (2) Long standing YRSA Winter Club members, (3) Competitive skaters who skate all year round and who actively compete. Auditions may be required at the discretion of the Consultant.
 - 4. Fee Policy:** A 25% deposit must accompany the application/registration for each skater of each session. All skaters must be registered and PAID ACCORDING TO PAYMENT SCHEDULE with post dated cheques prior to the last day of the registration period with the YRSA Winter Club, as the skater will NOT BE ALLOWED TO SKATE OTHERWISE. Memberships are non-transferable between skaters and/or sessions and registration fees are non-refundable after the first week of each session. Credits only will be considered due to medical reasons and must be made in writing to the Board of Directors with a medical note. There are no make up classes for classes missed due to illness, holidays, competitions, tests, maintenance, repairs or management disputes. YRSA Winter Club reserves the right to cancel sessions, limit the number of skaters per session and to change the session levels to benefit the club. All ice schedules are subject to change at the discretion of the Directors. Applications cannot be processed and will be returned, unless accompanied with the above-mentioned criteria.
 - 5. Canceled Skating Times/Dates:** The YRSA Winter Club is not responsible for any ice sessions canceled by the Richmond Hill Arena Association. The YRSA Winter Club reserves the right to alter/cancel any scheduled programs, and to cancel/change regular sessions due to Test Days and other special events.
 - 6. Open Ice/Ticket Ice Policy:** Open Ice/Ticket Ice is for the use of YRSA Winter Club full-time and associate members only. Fees must be paid before stepping on the ice; otherwise privileges will be immediately revoked. Open Ice/Ticket Ice at Christmas and March Break are not included as part of the regular scheduled Open Ice/Ticket Ice fees. Junior Academy and Intermediate Skaters may only skate on their designated Open Ice/Ticket sessions for the season for which they are registered.
 - 7. Upgrading Skating Level:** Upon written approval by the Director, skaters may upgrade their level of skating (session placements) at the end of December or at the beginning of each session. Fees will be adjusted accordingly.
 - 8. Dress and Behavior Code:** All YRSA Winter Club skaters and associates are expected to behave and dress in an appropriate manner that reflects good taste, good moral attitude and good sportsmanship at all times. Any deviation can result in an immediate review of the skater's membership privileges at the YRSA Winter Club.
 - 9. Dressing Room Policy:** Male and Female skaters must change in the designated dressing rooms
 - 10. Off-Ice Policy:** All skaters must attend Off-Ice classes to skate on ice.
 - 11. Video Taping:** Skaters are only allowed to be videotaped by their own parents or their coach during simulation, competition and on ice session excluding ice shows.
 - 12. Photos:** YRSA may publish photos of skaters for promotional and/or Internet purposes.
- Disclaimer: The York Region Skating Academy Winter Club, its Directors, Ed Sackfield Arena, Elvis Stojko Arena and/or their agents assume no responsibility for accidents or injuries however caused, and the applicant agrees to release the proprietors from all claims or damages as a result of such accidents or losses.**
- I have read and understand the above Policies and Procedures, and the Disclaimer, and agree to abide by such, to the best of my abilities.***

Signature (Parent/Guardian) _____ **Date:** _____
Signature (Skater) _____ Date: _____

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